



PINNACLE

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The official newsletter of Active Minds Toastmasters Club

Club-2446, Area-62, Division-I, District-20



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President's Message

Plans for the Club

'Achieving Our Goals Together' will be the guiding theme that I am strongly thinking about. I like the fact that its is simple, unifying and action oriented. The club is such a dynamic, diverse and 'do-it now' in nature. Perhaps, I would have to work on keeping three things in mind (1) for the club to remain steadfast and maintain its unique character -unity in diversity, positive environment, enthusiastic and friendly members (2) work towards projects that would help members with their professional and personal goals and align the same to attain group goals, like the Distinguished Club Program (3) a presidency that adheres to our core values: we take care of our members, we only do quality speeches and evaluations, we strive to improve.

Toastmasters influence in my Professional & Personal Life

We all join Toastmasters for certain reasons. I definitely sur-

passed my goal of just becoming a better speaker and leader. It has helped me in my career as a Trainer by becoming a better listener and with my presentation skills. It is very fulfilling when someone approaches you and appreciates your message and delivery, even from non-Toastmasters. On a personal note, the whole Toastmasters experience helped me to grow and build confidence. All of these by learning from your friends at the club.

Experience as Club VP-Ed

It is expected that as VP Education that one is an expert in many facets of Toastmasters - educational and leadership awards, advanced projects, manuals, etc. For me it was an opportunity to learn, serve and discover. I certainly learned a lot from this role. Interacting with members and other clubs further enhanced my social and communication skills. I would have to say this is the ideal role to learn the ropes of Toastmasters



Raymond Hernandez
President, Active Minds

as it allowed me to be very organized, value and multiply my time, communicate more responsibly, motivate others, delegate and work with a team - experiences that molded me to be a leader I am today.

To our club members

It will be an exciting and challenging year, an opportunity to learn, to share, to serve and to achieve our goals together. I am filled with a positive energy that we could do anything that we set our hearts into. After three years with the EXCOM and rising from the ranks and while constantly striving to improve - YES, we can do it...just like always.

From the Editor's desk

Active Minds TM begins the 2012-13 TM year with its first issue of the Pinnacle. This issue of the newsletter was designed with 3 main aims: to educate, celebrate and motivate.

Articles on Communication and Leadership received from club members not only help to educate our members, but also prospective members and guests.

Members who contribute articles improve their own organizing and writing abilities and Readers benefit from well written articles.

We are proud of our Members Awards & Achievements. Showing them off in the Pinnacle is one of the best gifts from the ex-com to members.

I thank all article contribu-



Arlene Pinho
VP-Public Relations,
Active Minds

tors to this issue. Your valuable input has made this issue publishable and I encourage aspiring writers to get in touch with me for future issues.

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Meet the new Ex-com



Turning tables on TABLE TOPICS



MISSION OF THE CLUB

The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment, in which every member has the opportunity to develop and practice communication and leadership skills, which in turn foster self-confidence and personal growth

Message from Former District 20 Governor



Khalid AlQuod DTM
Immediate Past District
20 Governor

Dear Leaders,
It was my great pleasure meeting your "angel" club members TM Arlene and her husband TM Reuben, during DTAC 2012, and my joy was outstanding when I got to know that 17 members of your outstanding club were in attendance at DTAC and that's out of the 30+ delegates from Division I. What a great club you are, and for the record, that's about 50% of the Division -I delegates!

I had a wonderful time with you all and I wish to share with you some answers for your lovely newsletter.

Tell us how you managed your Professional, Family and Toastmasters life as the District Governor?

Developing time management skills is a journey that may begin with a wish and take a lifetime, but it needs constant practice along the way. I wish to share one key to help ourselves become aware of how we can use our time as a resource in organizing, prioritizing, and succeeding in our studies in the context of competing activities, work, family, etc.

Passion is the Key. If you could do one thing to transform your life, I would highly recommend that you find something you're passionate about, and do

it for your life.

Now, this isn't as easy as it sounds, but it's well worth the effort. If you dread going to your job, or find yourself constantly lacking motivation, or find what you're doing dull and repetitive, you need to start looking for a new job. Staying in your current job will not only continue to make you unhappy, but you are not realizing your full potential in life.

Imagine this instead: you get up early, jump out of bed, excited to go to work. You might put in more hours than the average person, but it doesn't seem difficult to you, because your work hours just zoom right by. You are in that state of mind often referred to as "flow," where you can lose track of the world and time, losing yourself in the task at hand. Work is not work as many people refer to it, but something that is fun and interesting and exciting. It's not a "job" but a passion.

Leading District 20 which is so dynamic and growing at a fast pace must've been quite a challenge. How did you manage it?

Life consists of different challenges mental, emotional, physical, and lifestyle. This is one of the greatest truths that we should focus on as we are all students in "Life University". Life will help each one of us to deal

with and improve our response to these challenges. No one said that life would be easy, but we could help make it better.

As District Leaders, we also seek contributions from those who have faced these types of challenges and try to learn how they have overcome them. Thank you all my dear members of District 20 because everyday I learn something new from a member of our District.

So, after District 20 Governor, what's next for you...in life?

Life is right only if we live it right, and my future plan in life is to serve the next generation with what I have learnt from life so far.

Never think that Success is the final call, it is courage that counts when you start another journey, whatever you can do or think you can do or dream, just begin it. The power and magic to achieve it is within yourself.

Each of us only needs to look inside our own heart, and challenge ourselves to bring it to life.

Thank you my Dear Leaders

Khalid AlQuod

Message from Active Minds Former President & New Area 62 Governor



Colleen Lopez CC CL
Area 62 Governor
Immediate Past President, Active Minds

Colleen expressing her experience as President and how this role was beneficial to her.

This motto is so true:
SUCCESS WITH PEOPLE BEGINS WITH LOVE FOR PEOPLE.

Time is usually short when you enjoy the work you are doing. Yes, definitely, I thoroughly enjoyed working with a group of devoted, passionate Active Minders. The experience gained was through observations, participation, listening, speaking, evaluating, mentoring and guidance. WOW! That says it all!

It was good working with a team who had set goals and worked towards it in a structured yet flexible manner. Learning different managerial skills and strategies from various leaders in

the club was really beneficial to me. It helped me to develop and it moulded me to reach my goals of becoming Area 62 governor for the year 2012-'13.

Remember, the most important people of a club are its members. Without members there would be no club. Active Minds has a sound base of members who are in the position to take the club to greater heights. Therefore, work on your communication and leadership tracks, attend meetings regularly, attend workshops and most of all support the ex-com to reach your DCP goals. (DO NOT FORGET TO PARTY THOUGH!!)

I need to mention that our

past president and outgoing Area 62 Governor, TM Stephen Erasmus was and still is my pillar of strength throughout my term as president of Active Minds.

Therefore fellow Toastmasters and friends – GIVE ENCOURAGEMENT AT EACH OPPORTUNITY. DON'T OVERLOOK "small" STEPS OF PROGRESS.

Colleen Lopez CC CL is the Area 62 Governor & Immediate Past President of Active Minds Toastmasters. Reach her at colleen_lopez2@hotmail.com

Club & Meeting Tips

The Smedley Award is coming!!

But what is the Smedley Award?

In honor of Ralph Smedley—founder of Toastmasters International, can our club add **five** new, dual, or reinstated members between August 1 and September 30?

By doing so we qualify to receive a "Smedley Award" ribbon to display on our club's banner.

So what can you do as an individual? Bring along friends, colleagues and family for our upcoming meetings. Send them a copy of our newsletter and who knows? Maybe they will become members who wish to better their communication and leadership skills.

Program Dates: August 1 – September 30

For Membership Enquires, kindly contact VP Membership—Hazel Davids or Treasurer—Ildone Galvez

Meeting Preparation Tip

How do you prepare for your meeting roles?

Visit the below link to prepare for your upcoming meeting roles

<http://www.toastmasters.org/Members/MemberExperience/MeetingRoles.aspx>

Meet the New Ex-Com of Active Minds

President is responsible for providing the supportive club environment members need to fulfill their self-development goals, making sure that members benefit from the Toastmasters educational program, and helping the club recruit new members and retain current ones.

Raymond has been a member since 2009. He has been the VP-Membership & most recently the VP-Education. He has 3 speeches left to complete his CC & aims to finish his CC & CL by this September. By end of TM term, he also wishes to deliver at least 5 speeches from the advanced manuals.

He has been in the Hospitality industry for 18 years specifically in Food Service Management. He is the director of training and business development for Kuwait Pearl Restaurants & Catering Company. He loves his work and believes it's his passion and lifestyle.

His interests are travelling,



Raymond Hernandez
President

Asian & Fusion food, watching TV (documentaries/ food shows & reality tv) and spending time with friends.

VP Education is responsible for providing and maintaining the positive environment and the programs through which members can learn and grow.

Reuben joined Active Minds late 2010. He has since then gone on to complete his CC by January 2012 & also competed in contests earlier this year bringing home trophies. He has been the Sergeant-at-arms for the club during 2011-12.

He is a risk management professional in the Insurance field working as an Underwriting Of-

ficer for KQIC. His role requires him to communicate with clients, brokers and re-insurers on policy terms and negotiate premiums. Toastmasters has helped enhance his leadership skills and polish his communication skills which has enabled him to excel professionally.

While at play, Reuben enjoys exercising and loves to read. His love for Toastmasters



Reuben D'Lima CC
VP-Education

comes from the love to improve his abilities to be a better speaker and better leader at work and at play.

VP Membership is responsible for building membership and ensuring a strong membership base by satisfying the needs of all members.

Hazel joined the club in 2008. She completed her CC in December 2011. In the past she held the post of VP-Education. She has competed in many speech contests and brought back trophies.

She teaches young children

of age 5 at Cambridge English School Kuwait and enjoys interacting with her students (who say the funniest things).

Her hobbies are countless. She enjoys reading (John Grimsen, Francine Rivers), hiking, Monday movies & especially



Hazel Davids CC
VP-Membership

dancing.

VP Public Relations is responsible for coordinating an active public relations and publicity program.

Arlene has been a member of Active Minds since November 2010. She has performed various leadership roles in the club and was contest chair at the Club and Area contests in 2012. She is 2 speeches away from completing her CC and will also finish her

CL this term.

She is employed at NBK as a Senior Analyst in Operations. Part of her role requires her to regularly present to management and this is where Toastmasters has helped sharpen her skills.

During her leisure time, she



Arlene Pinho
VP-Public Relations

enjoys swimming, reading, listening to music & being creative at cooking.

Secretary is responsible for keeping clear and accurate records of club business, including membership records and correspondence with Toastmasters International's World Headquarters and others.

Shermeine has been a member since Feb 2011. She has given 5 speeches and aims to complete her CC & CL by end of term. She will be serving as Club Secretary for the second consecutive year.

She works as an Accounting specialist at ITT Exelis & has been in Kuwait for 7 years.

She loves badminton, reading, listening to music, bicycling, singing & travelling. She loves to spend time with family



Shermeine Kay Esplana
Secretary

& loves collecting accessories.

Treasurer is responsible for keeping clear and accurate financial records of club business and for seeing that the club remains financially stable.

Ildone joined Toastmasters in Saudi Arabia in 2004, then relocated to Kuwait & became a member of Active Minds in March 2006. He has completed his CC & CL & is 3 speeches away from ACB. He was also Past President of our Club. Over the years, he has won many contests up till the District.

Earlier this year, he competed in the Finals of the International Speech, Humorous Speech and Evaluation contests at the District 20 conference in Bahrain.

He is a Cost Control Engineer working at AMEC/KOC since October 2005.

He enjoys reading, singing,



Ildone Galvez CC
CL
Treasurer

lawn tennis, table tennis, volleyball and badminton, hosting programs & travelling.

Sgt-at-arms is responsible for maintaining club properties, arranging the meeting room and welcoming members and guests at each meeting.

Beth is a new member of the club & was a first timer at DTAC 2012. She has done a few leadership roles & is yet to deliver her first speech.

She is a Senior Instructor at AUK in the Pre-University Intensive English program.

She spends her time with her family & likes reading, TV, travelling & shopping.



Beth Awwad
Sergeant at Arms

CELEBRATING *10* Years



Active Minds Toastmasters proudly celebrating 10 years!



Interview with DTM Don



Don Prades DTM
Founding Member,
Active Minds

What would your advice be to members aspiring to become DTM?

My advice is twofold. First be organized. Experience tells us that the more organized we are in our lives, the more successful we become. Second, set a goal for yourself and work on it one speech at time. If you have no goal, you will not accomplish anything. Remember, the benefits you get from the Toastmasters are commensurate to the efforts you put into the Toastmasters. If you give less, that's what you get, less. If you give more, then you get more. If you give nothing, that's what you get—nothing! In the end the individual member is the architect of his own future in the Toastmasters.



Briefly tell us about your HPL project.

First of all, HPL means High Performance Leadership program. This is a prerequisite before one gets an ALS and a DTM. The duration is three to six months. It took me six months to finish it. The central idea of my HPL project is to make Active Minds the model club of all Kuwait Toastmasters clubs through improved club meetings by the end of 2012. This can be achieved by making each club member accountable for the sustained improvement of our meetings by implementing our club core values and TMI's DCP (Distinguished Club Programs). All the required points should be achieved by December 31.

You are a DTM now, what next?

Most of the DTMs that I know have repeated the process they went through in achieving DTM. Some of them have repeated it five times or even more. I don't want to repeat the process but I want to deliver at least one DTAC caliber speech and one

major workshop a year. Some of the workshops that I want to give are the following:

- Parliamentary Procedure in Action.
- How to Conduct Productive Meetings.
- Speech Craft.
- Youth Leadership Program (YLP)
- Etc...etc....etc...

Name the advanced manuals you used to achieve ACB, ACS and ACG.

There are at least 16 Advanced Manuals to choose from. I chose the manuals that I was interested in and that I could easily relate to like:

1. Specialty Speeches (5).
2. The Professional Speaker (5)
3. Story Telling (5)
4. Interpretive Reading (5)
5. Persuasive Speaking (5)
6. Special Occasion Speeches (5)

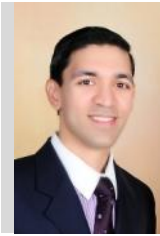
(Total of 30 Speeches altogether)

Distinguished Toastmaster (DTM)

The Distinguished Toastmaster award is the highest our organization bestows and it recognizes both communication and leadership skills. To be eligible for the award a member must have:

1. Achieved Advanced Communicator Gold award
2. Achieved Advanced Leader Silver award

WHAT'S YOUR EDUCATIONAL GOAL THIS YEAR?



Reuben D'Lima CC

VP-Education, Active
Minds



Ask any person who has achieved something worthwhile whether they just ‘happened’ to achieve it ‘by chance’ and they are almost certain to tell you that they achieved it because they started with a goal in mind...

As a Toastmaster, what’s your educational goal this year? Do you plan to complete an educational award from either the Communication or Leadership Tracks of the Toastmasters Educational Program? If yes, bravo! If no, why not?

While attending Toastmasters meetings and watching oth-

ers give speeches does teach you something, the ones who get up on stage and deliver speeches regularly are the ones who are not only learning the most, they are also the ones who are really growing into able communicators and leaders.

As VP-Education, I am responsible this year to help members of our club set and achieve their goals over the next 12 months. If you want to improve your ability to listen and observe, ensure that you sign up to be a Grammarian/Ah-Counter, General Evaluator or a Speech Evaluator on a regular basis.

Looking to hone your time management skills? Take up the role of a Table Topics Master or if you really want a challenge, volunteer to be the Toastmaster of the Meeting a couple of times during the year.

If your goal is to learn how to write a good speech and deliver it with appropriate gestures and vocal variety, working through the first 6 projects of the Competent Communication manual will get you there. If you’ve completed 6 speeches already, how about stretching yourself to complete the Competent Communication manual? If

you've done that, it is a good idea to take your speaking skills to the next level by aiming to deliver at least one speech from an Advanced Communication Manual every alternate month, while taking up roles in between.

As I mentioned earlier, the ones who deliver speeches regularly are the ones who are likely to grow the most because they will constantly be working on writing, polishing and practicing their speeches.

Personally, I have set myself a 'stretch' goal of completing at least 6 Advanced Speeches before 30th June 2013. That's one speech every two months. My

second goal is to learn how to use Visual Aids.

If you have a goal or need help setting one, talk to me (and/or your mentor) and we can chart out a course in advance, which you can then work on achieving during the next few months. Even if you have been in Toastmasters for a year or two, approach a more experienced member and request them to be your mentor, so that you are 'accountable' to someone for your progress and can seek guidance when you seem to get 'stuck' sometimes.

Don't wait till next month. Grab a sheet of paper NOW,

write down the skills you want to develop, the number of speeches you plan to deliver (and at which meeting), hand a copy to your mentor and the VPE, work that plan down to the last letter...and then watch the transformation that takes place... in YOU.

Reuben D'Lima CC is the Vice President—Education of Active Minds TM Club. Reach him on his mobile +965-9994-6193 or via email at reubendlima@gmail.com

How Toastmasters Works

At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. A typical toastmasters club is made up of 20 to 30 people who meet once a week for approximately an hour. Each meeting gives everyone an opportunity to practice:

- **Conducting meetings.** Members learn how to plan and conduct meetings.
- **Giving impromptu speeches.** Members present one- to two minute, impromptu speeches on assigned topics.
- **Presenting prepared speeches.** Two or more members present speeches based on projects from manuals in Toastmasters' proven communication and/or leadership programs. Projects cover topics such as speech organization, vocal variety, language, gestures and persuasion.
- **Offering constructive evaluation.** Every prepared speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement.

Turning tables on Table Topics at DTAC 2012



Biji Gittens

Member, Active
Minds

Are you afraid of impromptu speaking? Are you dumbfounded when posed with a question you have no idea about? Are you eager to learn ways to combat this? Then you are reading this article, just as I did three months ago.

The reason why I joined Toastmasters was to improve my impromptu skills, which was my biggest fear. In life, sometimes, our weakness can be our undefeatable strength. All it takes to turn tables is the first step, perseverance and practice. This same principle applies to turning tables on table topics itself.

In order to succeed in tackling table topics, there are a few proven tricks that must be mastered and implemented in various ways. From my experience, I have come across few of them:

Pay close attention to everything around you, current, local, international and historical events. People tend to gravitate towards others that have something to contribute in a regular conversation.

1. Pay close attention to people around you; their experiences, adventures, stories, emotions are surplus gear for you to revamp your own experiences to tackle any type of impromptu situation.
2. If you are not in the habit of reading, then table topics will get you started. The more you read, the more chances are that you will improve your vocabulary, pickup on catchy phrases and memorizing quotations. The latter is vital as it adds

an extra punch line when you use them, at any given point in your speech. Quotations, if used aptly, can do most of the talking. But do remember to quote them correctly to give due credit to the originator.

3. Apply the above three techniques consistently so that you program yourself, like they say, you must eat, sleep and live table topics.
4. Practice, practice and practice. Apply your knowledge; visualize yourself in situations wherein you have to give an impromptu speech. Another aspect is timing your responses. It does not matter if you are participating in a contest or not, by limiting your responses within a time constraint, you train yourself to respond quickly to otherwise uneasy situations.
5. Apply the fundamental principle that will guarantee your success which is "Listen, Confirm, Pause, Tell and End". This principle I learnt at the "Impromptu Speaking" workshop conducted by DTM Don Prades. Toastmasters provide a variety of workshops throughout the year and offer trainings by the pro's themselves.

The above techniques contributed to my success in winning the Club, Area and Division contests. Every time, I won each of these contests, it was just the beginning of my journey to greater heights. I had the same focus, perspective and

attitude while I prepared for the most coveted District Trophy at the District Toastmasters Annual Conference (DTAC).

My experience at DTAC was indeed an enlightening one. It is a much awaited event wherein you meet talented Toastmasters from diverse backgrounds across the Middle East; Toastmasters who share the same passion, mission and vision. Truly, I felt a deep sense of belonging. But my mission in attending DTAC-2012 was two-fold; one was to experience all of its goodness and second was to represent Kuwait (Division I) and participate in the table topics contest. For a beginner like me with only six months into Toastmasters, participating in the District Contest was extremely demanding. I carried on my shoulders heavy expectations imposed by myself, family, friends and fellow Toastmasters. As much support I received from them, nothing could prepare me for DTAC because I had no clue what to expect.

Over the 3 day DTAC conference, I got to witness colorful Club banner marches, partake in the delicious Gavel dinner ceremony, attend thought-provoking workshops and training sessions from veterans and enjoy the sincere and sweet camaraderie of fellow toastmasters. The icing on the cake was bearing witness to the very talented and eloquent candidates who participated in the Table Topics, Humorous, Speech Evaluation and International Speech contests. Those candidates displayed a variety of attributes such as speech delivery techniques, style, structure

and their overall approach in communication, some of which I use in my everyday experiences.

On the first day of the event, was the semi-finals, a total of 12 candidates competed in two batches of 6. I was a nervous-wreck on the day of, yet I stayed cool, calm and composed. As in all contests, we were briefed of the rules and ushered into the "quarantine" area. When my turn came, I gave it my best shot. As always, after I took my seat, I recollected on what I could have done better and it was to curb my nervousness, after all it was a new ballgame for me. Nevertheless, I did make it to the finals. My joy knew no bounds and I could not contain it. My fellow toastmasters briefed me on some pointers and gave me a head's up on my competitors. The next 24 hours and counting to the finals

would be the most grueling hours of my life. As I prepared for the finals, I thought to myself that 3 whole months of "living on the edge" had finally come to the moment, the moment of truth, the "curtain call". After the usual ritual of briefing et al, I waited my turn. I was determined to try a different approach and at my turn, I did give it my best shot. But it was not enough. On the third and final day of the event, were the award ceremonies. As I sat in the company of my fellow Toastmasters, the results were announced; of the 6 finalists, only 3 candidates made the cut and I was not part of those elite trios. Under the weight of crushed expectations, I sank in my seat, trying to recollect my thoughts of what went wrong. But, I got a hold of myself, and when I did, I was happy

that I did lose in style to the crème of the crop.

Today, I take pride and hold my head high, because I have achieved something that will always remain a feather in my hat. And in the end, it does not matter if you win or lose, because it is the quitters that never win and the winners never quit. All that matters is to keep preserving and use all that you learn at Toastmasters to transform your attitude, thinking and perspective. This is truly a platform where leaders are made!

Biji Gittens is a member of Active Minds TM Club. Reach her at bijisusan21@hotmail.com



Active Minds members attend the District Annual Conference (DTAC) in Bahrain from May 24-26, 2012.

Toastmasters from around the region gather for workshops, contests and networking.



Club Awards & Achievements

Distinguished Club Program (DCP)

Select Distinguished Club 2011 – 12
(Achieved 8 out of 10 goals)

Club Educational Awards

Distinguished Toastmaster

1. Don Prades – May 2012

Competent Communicator

1. Hazel Davids – Dec 2011
2. Milt Dana – Dec 2011
3. Reuben D’Lima – Jan 2012

Competent Leadership

1. Colleen Lopez – Jan 2012
2. Stephen Erasmus – Jan 2012

Advanced Communicator Bronze

1. Stephen Erasmus – May 2012

congratulations

Speech Contests

Congratulations to our Active Minds Members who were Finalists at the District 20 Conference in Bahrain on May 24th .

Ildone Galvez (International Speech, Humorous Speech & Evaluation) and Biji Gittens (Tabletopics)

Talk up toastmasters Award

Award for adding 5 new members to the club during February & March.

District 20 Hall of Fame

PRO Award – Talk of the town

1. Reuben D’Lima - Best Newsletter Article in Club Newsletter

DIVISION I (Kuwait) 2012-13

Division Governor - Salu John

Area 14 Governor Deepak Bindal	Area 36 Governor Sukdep Chatterjee	Area 62 Governor Colleen Lopez	Area 17 Governor Baburaj Parakkal	Area 19 Governor Nouf AlAmari
<u>Clubs</u> Kuwait Pearl of the Gulf Al Ghanim Aim High	<u>Clubs</u> Kuwait Challengers Desert Pioneers Al Bader Anchors Thmeen Debate	<u>Clubs</u> Active Minds Al Koot Kuwait Advanced KAICO	<u>Clubs</u> Bright Horizons Timbre Talkers Mace Springs Bhavans Mastersminds	<u>Clubs</u> South Kuwait Capitol Speakers Arifjan Articulators Thmeen



**New Member
Induction
Ceremony
1st June 2012**

L-R: Stephen Erasmus (Area 62 Governor), Melwyn Pereira, Dana Winner, Abdul Rahman Shinan, Mohsen AlHusainy, Beth, Suzan.

**OFFICER
TRAINING**

**Ex-com Members
and Area 62 Govern-
or attend Early
round of Officers
Training on
17th June 2012 at
Bliss Center**



L-R: Shermeine, Reuben, Colleen (AG), Raymond, Beth, Arlene

WORDS OF THE QUARTER

APRIL

Pragmatic Dealing with things sensibly and realistically in a way that is based on practical rather than theoretical considerations

MAY

Superlative Of the highest quality or degree

Empower Give or delegate power or authority to

JUNE

Cogitate Think deeply about something; meditate or reflect

Unfettered To set free or keep free from restrictions or bonds



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About Toastmasters International

Toastmasters International is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Founded in October 1924, the organization currently has more than 270,000 members in 13,000 clubs in 116 countries. Each week, Toastmasters helps more than a quarter million people of every ethnicity, education and profession build their competence in communication so they can gain the confidence to lead others.

FORTHCOMING ATTRACTIONS

Club Meetings		Area/ Division/ District Programs	
Meeting #	Date	Date	Training / Program
211	6 Jul, 2012	6 Jul, 2012	Club officers Training Round 2
212	20 Jul, 2012 (Ramadan Timing 4pm-5:30pm)	31 Aug, 2012	Club officers Training Final
213	3 Aug, 2012 (Ramadan Timing 4pm-5:30pm)		
214	17 Aug, 2012 (Ramadan Timing 4pm-5:30pm)		
215	7 Sept, 2012		
216	21 Sept, 2012		

We want to hear from you!

Send us your ideas, thoughts & feedback.

Email at arlenep@gmail.com

Guests are most welcome to visit us. We are a community club and meet every 1st and 3rd Fridays of the month from 6pm-8pm (Do see Ramadan timings above). Do arrive early so that you can get acquainted with our members.



Meeting Location: SPCL Center in Rumaithiya (Block 2, Sate Al Husairi St., next to Abu Tamam School).

<http://2446.toastmastersclubs.org/>

